

RULES AND REGULATIONS of NEW HAMPSHIRE JUNIOR ROLLER DERBY

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- 1) Operating Structure
 - a) Governance
 - i) NEW HAMPSHIRE JUNIOR ROLLER DERBY shall be managed directly by the NEW HAMPSHIRE JUNIOR ROLLER DERBY Board of Directors, following the structures set forth in the bylaws of the NEW HAMPSHIRE JUNIOR ROLLER DERBY.
 - ii) A member of the New Hampshire Junior Roller Derby Board of Directors is expected to provide oversight of New Hampshire Junior Roller Derby and work with the coaches and captain to accomplish league goals and coordinate as needed
 - b) Leadership Positions
 - i) The league shall have at least one head coach at all times
 - (1) The head coach shall be a league member over the age of 18.
 - ii) Each competitive team shall have one team captain
 - c) Committees
 - i) The league shall establish committees as determined by the board of directors.
 - ii) Each committee shall be chaired by a member of the board of directors, who shall report to the board at regular director's meetings.
 - iii) Committee members must be members in good standing of the League, but need not be any required age except as required to discharge their duties as assigned.
 - d) Practices
 - i) At least one NEW HAMPSHIRE JUNIOR ROLLER DERBY member over the age of 18 shall be required to be in attendance at all League functions. If the state of New Hampshire requires more than one adult, or a set ratio of minors to adults for a given age of minor, the State guidelines shall take precedence over these Rules.
 - (1) If this rule cannot be met due to unavailability of adult member(s), the function will be rescheduled or called off. In this case, there shall be no impact on skater attendance records.
 - ii) A first-aid kit and medical information for all attending skaters shall be on hand at all League functions.
 - e) Membership participation in the NEW HAMPSHIRE JUNIOR ROLLER DERBY Board of Directors
 - i) League membership shall elect one or more members to sit on the board of directors in the non-voting capacity of skater liaison. Additionally, team captains will be invited and required to participate in director's meetings from time to time.
- 2) Membership Requirements
 - a) Bouting or Bout-eligible members
 - i) All bouting members of the League shall be between the ages of 4 and 18
 - ii) All bouting members of the League shall be able to pass the JRDA Skills Assessment for the skill level at which they compete

3) Forms

- i) Each bouting member shall have on file with the league at all times:
 - (a) Photo ID / Birth Certificate (copy)
 - (b) Emergency Contact and Medical Information
 - (c) Copy of Primary Medical Insurance Card
 - (d) Skater's Code of Conduct
 - (e) Parent's Code of Conduct
 - (f) Waiver and Release of Liability and Media Release for Minors
 - (g) Rules and Regulations/Policies and Procedures Signature Page

(h) New members shall have two (2) weeks from the date of first attendance at practice to file these documents with the league.

4) Dues

- a) Dues shall be payable in full at the time of registration. Dues shall be applied to the current or upcoming session and shall cover each bout season or partial season. Dues may be pro-rated for late registrations at the discretion of the Board of Directors.
 - i) Dues will be set by the Board of Directors at the annual meeting. Dues shall be re-evaluated annually and will be published on the New Hampshire Junior Roller Derby Web site.
 - ii) A yearly registration will be required of for skater. Yearly registration fee will cover skater insurance and league t-shirt. The amount for the registration fee will be re-evaluated annually and will be published on the New Hampshire Roller Derby Web site.
 - iii) League membership shall include one league t-shirt.
- b) Financial Hardship Provisions
 - i) In the event that dues cannot be paid in full upon registration due to financial hardship, application may be made to the Board of Directors in person (at a regular meeting of the board of directors) or in writing requesting amortization of the session dues over the membership period.
 - ii) Refunds shall not be given on dues after two weeks or after skater has attended two practices, whichever occurs first. Refunds may be requested in writing before this grace period expires, and will be granted within two weeks of application.
- c) Attendance
 - i) Skaters must fulfill attendance requirements set forth by the team to which they belong.
 - ii) Team attendance requirements shall be set by the head coach, and must be approved by the Board of Directors for each team.
- d) Attendance records will be kept by the New Hampshire Junior Roller Derby coaching staff; team coaches will report team practice attendance after each team practice.
- e) Non-Bouting Members (Coaches, officials, volunteers, etc.)
 - i) Non-player members of the league may be older than 18.
 - (1) All contact on the track between league members of various ages shall comply with the requirements of NEW HAMPSHIRE JUNIOR ROLLER DERBY's liability

insurance policy.

- ii) Volunteer Members shall not pay dues to the league
- iii) Volunteer Members may become members of NEW HAMPSHIRE JUNIOR ROLLER DERBY by completing a Volunteer Membership application form and successfully passing a JRDA background check.

iv) Participation

(1) Volunteer members are expected to make regular contributions to the health and well-being of NEW HAMPSHIRE JUNIOR ROLLER DERBY in some form.

(a) Volunteer membership may be revoked for:

- (i) Failing to show up to (2) league functions which the volunteer has committed to work in a 3-month period without 24 hours notice to the event coordinator.
 - 1. This requirement may be waived for medical or family emergencies or other last minute situations which prevent attendance (car trouble, etc) at the discretion of the Board of Directors.
- (ii) Showing up, but failing to make any contribution to the league through negligence (not fulfilling duties as assigned, ignoring needed work, etc).
 - 1. The event coordinator shall notify the Board of Directors of such occurrence.
 - 2. The Board of Directors shall mediate directly or through an assigned investigator between the volunteer and the Event Coordinator, and shall make sole and final decision regarding removal by majority vote.

(b) Volunteer membership may be re-instated if, at the discretion of the Board of Directors, the volunteer has made a significant contribution to NEW HAMPSHIRE JUNIOR ROLLER DERBY since the date of removal.

f) Behavioral expectations

- i) As set forth in the codes of conduct, all skaters, parents, coaches, and officials are held to the highest standards of sportsmanlike conduct as members of NEW HAMPSHIRE JUNIOR ROLLER DERBY. Violations will be dealt with as set forth in the Disciplinary Procedures, below.

(1) Sportsmanlike conduct for the purposes of these rules shall be defined as expressing an aspiration or ethos that the activity will be enjoyed for its own sake, with proper consideration for fairness, ethics, respect, and a sense of fellowship with one's competitors. Sportsmanship is a component of morality in sport, composed of three related and perhaps overlapping concepts: fair play, sportsmanship and character.

- (a) Fair play, that all participants have an equitable chance to pursue victory, and that actions toward others shall be set forth in an honest, straightforward, firm and dignified manner even when others do not play fairly. Fair play includes respect for others, including team members, opponents, and officials.
- (b) Character, the dispositions, values and habits that determine how an individual responds to desires, fears, challenges, opportunities, failures and successes. An individual is believed to have a "good character" when those dispositions and habits reflect core ethical values, as exemplified by polite

behaviors toward others regardless of circumstances, such as helping an opponent up or shaking hands after a match.

- (c) Sportsmanship, referring to virtues such as fairness, self-control, courage and persistence and associated with interpersonal concepts of treating others and being treated fairly, maintaining self-control in dealing with others, and respect for both authority and opponents.

g) Anti-Bullying Policy

- i) New Hampshire Junior Roller Derby is committed to a friendly and safe environment for all individuals who choose to participate in the league. Bullying will not be tolerated at any practice, game, or other New Hampshire Roller Derby event. Everyone has the right to be respected.
- ii) If bullying is occurring or is suspected, please report the incident to a coach or respective board member.
- iii) Definition of bullying:
 - (1) Emotional- being unfriendly, excluding or intentionally ignoring someone.
 - (2) Physical pushing, kicking, hitting, punching or any use of violence
 - (3) Racist racial taunts, graffiti, gestures or other slurs
 - (4) Sexual unwanted physical contact or sexually abusive comments
 - (5) Homophobic remarks or focusing on the issue of sexuality
 - (6) Verbal name-calling, sarcasm, spreading rumors, teasing, taunting or tormenting
 - (7) Any communication via internet, including but not limited to, use of social networking sites to send email, text messaging, internet chat room dialogue, video and any other communication by use of computer or cell phone
- iv) How Bullying will be addressed:
 - (1) In a first offense situation involving bullying, an attempt will be made to encourage the bully (bullies) to modify their behavior for their benefit, for the benefit of the person bullied and other team members. The bully (or bullies) will be asked to genuinely apologize to those players affected, including all team members. An attempt will be made by the coach or parent to reconcile the situation between the players (Age and level of maturity and or severity of offense must be considered).
 - (2) If the bullying persists, disciplinary action against a player may be taken by the team coach which may include, but are not limited to, immediate suspension from participation in the practice or game(s) for a period of time.
 - (3) After the incident/incidents have been investigated and dealt with, the situation will continue to be monitored by the respective team coach and player parents to ensure repeated bullying does not take place.
 - (4) Any and all incidents of bullying, whether first offense or other, deemed minor or severe, will be reported to the New Hampshire Roller Derby board in writing as applicable.

h) Alcohol, Illegal Substances, and Performance Enhancing Policy

- i) NEW HAMPSHIRE JUNIOR ROLLER DERBY understands the harmful effects of alcohol and illegal drugs on health, fitness, and performance in sport. The use of

alcohol or illegal drugs by any member is expressly forbidden and will not be tolerated while on skates at any time, or while representing NEW HAMPSHIRE JUNIOR ROLLER DERBY in any capacity.

- ii) Being under the influence of illegal drugs or alcohol while on skates or while representing NEW HAMPSHIRE JUNIOR ROLLER DERBY shall be grounds for immediate revocation of all skating rights, immediate removal from the premises or activity underway, and an immediate (within 3 days) meeting of the Board of Directors to discuss disciplinary action, up to and including expulsion, for the first offense.
- iii) Additionally, any underage alcohol consumption or the use of illegal drugs shall be reported to the appropriate law enforcement authorities as required under New Hampshire law.

5) Disciplinary Procedures

- a) Behavioral issues shall be addressed using the following steps, unless the infraction is so severe that the coach or official feels that it warrants special treatment. In this case, the coach or official shall take the steps necessary to defuse the immediate situation, and an emergency board meeting shall be called as quickly as possible to determine how to handle disciplinary action.
 - i) The steps below shall be followed for each successive infraction, even if successive infractions are for different unacceptable behaviors. Coaches and officials may exercise limited discretion in applying these procedures.

(1) Players

(a) Verbal warning by coach or official (first infraction)

- (i) The coach or official who issues a verbal warning shall report the matter to a Board member for consideration as soon as possible following the warning.

(b) Written Warning (second infraction)

- (i) A copy of the written warning shall be delivered to the member, another to the parents of the member, a third shall be delivered to the Board, and a fourth shall be placed in the member's file. A written warning shall result in the removal of the offending skater from the remainder of the event he or she is participating in at the time of the infraction.

(c) Behavioral Probation (third infraction)

- (i) Behavioral probation shall result in the revocation of all league attendance privileges, including bouting, practice, and any other league events, for a period of 2 weeks. League attendance will not be excused during this period.

(d) Player Suspension (fourth infraction)

- (i) Suspension shall result in the revocation of all league attendance privileges, including bouting, practice, and any other league events, for a period ending on the second of the next 2 bouts. This period shall be exempted from the floating 12 weeks attendance period for the member on suspension.

(e) Player Expulsion

- (i) For very serious or excessive infractions, players may be expelled from the league. Expulsion shall require a 2/3 majority vote of the full Board of Directors, and shall remove the player from the league for the remainder of the current season. The player may apply in writing to be re-admitted the following year; re-admission shall require a majority vote of the Board of Directors.

(2) Parents

(a) Parental Verbal Warning

- (i) The coach or official who issues a verbal warning shall report the matter to a Board member for consideration as soon as possible following the warning.

(b) Parental Game Suspension

- (i) The offending parent may not attend the next bout. If the parent attempts to attend the bout, he or she shall be escorted from the premises.

(c) Parental Season Suspension

- (i) The offending parent may not attend any of the remaining bouts, home or away, in the current season. If the parent attempts to attend any bout, he or she shall be escorted from the premises.

(d) Other Considerations for Parental Suspensions

- (i) In the event that a suspended parent is unable to maintain behavioral dignity even long enough to drop off and pick up a skater from practices or bouts, or is unwilling to do so, arrangements to transport the affected skater will be made on a case-by-case basis.

ii) Appeals

- (1) If the censured player or parent feels that the disciplinary action taken against them is unwarranted or unfair, the injured party may appeal the decision in writing to the Board of Directors within 7 days of the disciplinary action. The board shall assign a neutral party to investigate the claim, and to report findings to the board with a recommendation of action. The investigator shall report to the board within 7 days or at the next board meeting, whichever occurs first. The board shall vote on the investigator's recommendation, with a 2/3 majority required to overturn the recommendation.

6) Miscellaneous

a) Sponsorships

- i) All potential sponsorships must be approved by the Board of Directors.

b) Ruleset

- i) The League shall observe and play by the current JRDA (first) and WFTDA (second) rulesets and best practices information.

c) Safety

- i) There shall be no standing safety committee - safety is the ongoing responsibility of each and every member of the league. Accordingly, any member who sees a situation or circumstance he or she believes to be unsafe shall take immediate steps to prevent injury, up to and including stopping all skating on the track and all activity at the function if required, and shall then either correct the situation, or bring the

situation to the attention of someone able to correct it.

- ii) Additionally, cell phones and other distractions are expressly forbidden while skating. Anyone - member, coach, or official - seen skating while distracted shall be removed from the remainder of that practice or event. Multiple infractions shall be brought before the board for disciplinary action.

7) Amendments

- a) These rules and regulations shall be reviewed at least annually by the Board of Directors. All league members are welcome to attend the review meeting.
- b) Amendments to these Rules and Regulations may be proposed by any member of the league.
 - i) Skaters
 - (1) Bouting
 - (2) Non-Bouting
 - ii) Non-skating members
 - (1) Coaches
 - (2) Officials
 - (3) Volunteers
- c) Directors may amend these Rules and Regulations with a majority vote of the Board.